

## Get vaccinated

All adults in England have now been offered at least 2 doses of a COVID-19 vaccine. The vaccines are safe and effective. Getting fully vaccinated is the best way of protecting you and others against COVID-19.

If you have not yet received the COVID-19 vaccine, you should [get vaccinated](#). Evidence indicates that 2 doses of a COVID-19 vaccine provide very effective protection against hospitalisation. It usually takes around 2 to 3 weeks for your body to develop its protective response.

However, even if you have been fully vaccinated, you could still get COVID-19 and pass it on to others. Whilst the vaccines provide a high level of protection against severe disease, hospitalisation and death, a recent PHE report shows that around 1 in 5 people who have had both doses are still vulnerable to getting infected with the Delta variant and showing symptoms. You can also still spread COVID-19 to others. We all need to do what we can to reduce the spread of COVID-19 to protect others and to reduce the risk of new variants developing and spreading.

Following the advice in this guidance will help you to protect your friends, family, and communities, including those who have been vaccinated.